

Dear KidWorks Caregivers,

Thank you for your ongoing commitment to the safety and health of KidWorks staff and families. The KidWorks COVID-19 policy applies to all KidWorks guests regardless of vaccination status.

<u>Calculating Quarantine</u>- The date of your last exposure is considered Day 0. Day 1 is the first full day *after* your last exposure (CDC March, 2022). If you do not know exactly when you were exposed, your Day 0 is the earliest point at which you either showed symptoms or had a positive test.

<u>Close Contact</u>- Close contact is someone who was less than 6 feet away from an infected person for a cumulative total of 15 minutes or more over a 24-hour period. (CDC, March 2022)

<u>High-Risk Exposure</u>- Close contact with someone who showed symptoms at the time of your encounter but was not known to have COVID-19 at that time.

<u>Low-Risk Exposure</u>- Close contact with someone who was not showing symptoms at the time of your encounter, but who developed symptoms and tested positive at a later time.

<u>KidWorks Fever Policy</u>- Children and their caregivers who participate in treatment must be fever free for at least 24 hours without medication before they can return to the clinic.

COVID-19 Testing- Testing is not required, but it is always encouraged and appreciated.

Masks- Staff and caregivers may request for masks to be worn by others at any time.

<u>Therapy session modifications</u>- Temporary, precautionary measures are at the therapist's discretion at all times. This may include masking, telehealth, outdoor sessions, cancellation, or other modifications in order to minimize Covid-19 exposure risk in the clinic.

If the child or the attending caregiver tests positive for COVID-19:

- The person who tested positive should stay home for 5 days from their last exposure.
- When the source of exposure is unknown, stay home for 5 days from symptom onset.
- The person who tested positive can return to the clinic:
 - After completing the 5-day quarantine AND
 - Symptoms have improved AND
 - No fever for 24 hours without medication.
- Mask in the clinic through day 10. If your child is unable to wear a mask, please keep your child at home for 5 more days. Discuss therapy session modifications with your therapist.

If someone in the household tests positive for COVID-19:

- Mask in the clinic for 10 days since your last exposure.
- If your child is unable to wear a mask, please keep your child home for 5 days from their last exposure. Your child can return to the clinic as long as they have remained symptom-free.
- If your child or the attending caregiver develops symptoms during the 5 days at home or during the 10-day masking period, stay home for 5 days from the onset of symptoms. Return to the clinic as long as symptoms have improved.
- Discuss therapy session modifications throughout this time.

If the child or attending caregiver had close contact with someone in the community (e.g., daycare, school, playdate, KidWorks staff) who is COVID-19 positive:

- For high-risk exposure
 - Mask in the clinic for 10 days since your last exposure.
 - If your child is unable to wear a mask, please keep your child home for 5 days from their last exposure. Your child can return to the clinic as long as they have remained symptom-free.
 - If you/your child develops symptoms during the 5 days at home or during the 10-day masking period, stay home for 5 days from the onset of symptoms. Return to the clinic as long as symptoms have improved.
 - Discuss therapy session modifications throughout this time.
- For low-risk exposure
 - Masking is optional. Monitor for symptoms through day 10.

Thanks again for your cooperation. For additional information, the KidWorks illness policy is attached below. If you have any questions, feel free to contact your therapist or the KidWorks office.



KIDWORKS ILLNESS POLICY: For all KidWorks staff and guests

A staff member or client may be sent home if he/she:

- 1. Appears ill and is unable to participate in therapy.
- 2. Is suspected of having a contagious disease/condition. (Ex: hand foot and mouth, RSV, Flu, Covid-19, Strep, Stomach bug, pink eye)
- 3. Sustains an injury which needs medical attention or close observation.
- 4. Has active head lice.
- 5. Exhibited vomiting or diarrhea.
- 6. (Child) Does not have "good energy" based on caregiver and therapist observation
- 7. Has a fever of 100.4 or greater or had the fever within the last 24 hours.
 - A low grade fever (99.5-100.3) within the past 24 hours warrants monitoring and taking precautions.

A staff member or client may return to KidWorks when he/she:

- 1. Has been fever free for 24 hours without medication
- 2. Has been free of vomiting and diarrhea for 48 hours without medication.
- 3. Has treated active head lice and eggs, and they are no longer present.

<u>Doctor's Note</u>- A staff member or caregiver may supply a doctor's note in order to verify their ability to participate in therapy.

<u>Masks</u>- Masks are used as a safety measure in order to minimize exposure to all illnesses for KidWorks staff and guests. Staff and caregivers may request for masks to be worn by others at any time.

<u>Therapy session modifications</u>- Temporary, precautionary measures are at the therapist's discretion at all times. The therapist may recommend masking, telehealth, outdoor sessions, cancellation, or other modifications in order to ensure the health and safety of all.

<u>Lice-</u> If head lice or eggs are visible, the affected person must go home immediately. The therapist or other KidWorks staff member will make note of the incident and post the KidWorks Lice Notification flyer on the front and back door entrances. Contaminated clinic surfaces must be cleaned. If the office receives a cancellation from a client's parent due to lice, clinic surfaces do not need to be cleaned.

Updated 8/29/2023